

Preliminary information

Before proceeding to collect the sample, remember that:

- samples are not to be collected during the menstrual period or in the presence of bleeding haemorrhoids or blood in the urine;
 - it is important to avoid excessive alcohol consumption, aspirin and other medicines that could irritate the gut and cause bleeding.
- Stop taking these substances at least 2 days before undergoing the test.

Sample COLLECTION procedure

- 1) Collect the **bottle for collecting samples** from the Sample Collection Point (from 10:00 to 10:15 Monday to Saturday) and two copies of the sample collection and preservation procedure form
Having read the procedure, sign and date one of the copies.
The Sample collection room staff will send the copy of the procedure signed and dated by the patient to the Clinical Laboratory on the same day as the day on which the collection bottle is delivered.
- 2) Do not collect the sample from the toilet: the stool must be collected in a clean and dry container (collection container) and must not be contaminated with urine.
- 3) Unscrew the **red** screw-on cap of the collection bottle and **insert** the stick **only** at three different points of the sample.
- 4) Reinsert the stick in the collection bottle and screw the cap back on tightly.
- 5) Shake the bottle vigorously to mix the sample well with the liquid contained in the bottle and replace it in the sealable space of the sample bag.
- 6) **Identify** all the samples collected (single or multiple) **with a progressive number and your personal data (full name and date of birth) and the date on which each sample was collected.**



The bottle prepared in this way can be kept in a refrigerator (2 - 8°C) for up to five days. It can be transported at room temperature to the Sample Collection Point providing the time of transport does not exceed 60'; if it does, the sample should be transported at 2-8°C.

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WARNING!

Handle the sample collection bottle with care to avoid the risk of damage.

Avoid contact between the liquid in the bottle with the skin and eyes.

The containers are to be stored in a closed place out of the reach of children.

Wash your hands thoroughly after collecting the sample.

If the liquid inadvertently comes into contact with the skin or eyes, rinse under plenty of running water. In case of irritation, seek medical advice.

For this type of examination there is no need to modify your diet. Every stool sample must come from a different discharge

Sample DELIVERY procedure

- ✓ In the morning: **come to the Reception desks to register**

Monday to Friday from 7:00 am to 10.30, Saturday
from 07:00 am to 10.00

- ✓ Register the samples at the Reception desks

- ✓ Deliver the samples to the Sample Collection Room staff

Date...../...../.....

Patient's signature for acknowledgement